

Chapter 6 Review Quiz

Instructions: Mark the following as either true (T) or false (F).

1. Time management comes naturally to most people. T F
2. It is important for you to make some time for yourself. T F
3. Possibility thinking means realizing that some problems are impossible to solve.
T F
4. Solving large problems is easier than solving small ones. T F
5. You shouldn't let problems at home affect you at work. T F
6. It is important to have someone *outside* of work that you can discuss your problems with. T F