

Time Flies

Use: After page 97

Format: Small group to whole group

Time: 15 minutes

Materials: Chart paper, markers

1. Present the idea of two types of time: *free time* and *productive time*. During free time we do what we want. During productive time we do what we must, such as work, laundry, and so on.
2. Break the class into two groups.
3. Give each group a sheet of chart paper and markers. Instruct the first group to write "PRODUCTIVE TIME" in the center of the paper and draw a rectangle around it. Instruct the second group to write "FREE TIME" in the center and draw a rectangle around it.
4. The students in the first group should then write all of the activities that require productive time they can think of in the area around the words "PRODUCTIVE TIME." The second group should do the same, but focusing instead on activities done in their free time.
5. Next, call on a representative of each group to present the group's activities to the class. What activities *must* be done? Are there some that are more important than others?

You Can Do This!

Use: With pages 100–101

Format: Small group

Time: 15–20 minutes

Materials: Chart paper, pens, workbook pages 100–101

1. Ask a student to read aloud the top of page 100 and the Example.
2. Write “POSSIBLE” on the board or overhead.
3. Say, “This is the word *possible*. It means that something can be done. When you use possibility thinking, you remain positive and open. Your attitude is good, and you begin to believe you can do something!”
4. Write “YOU CAN DO THIS!” on the board or overhead.
5. Divide the class into three groups.
6. Give each group chart paper and pens.
7. Assign each group one of the Stop and Think questions on pages 100–101.
8. Allow discussion time for the groups and have them write their responses to the question they were assigned on the chart paper.
9. Call on each group individually to answer the questions.