

# Shape Up Your Goals

**Use:** With pages 81–84

**Format:** Individual to Small Group

**Time:** 20–25 minutes

**Materials:** Large tag board cutouts of a square, rectangle, circle, triangle, and diamond; pens; blank drawing paper; tape

1. Write the word “GOAL” on the board or overhead.
2. Place the cutouts one by one on the board and hand out the blank paper.
3. Explain to students that each shape represents a goal and a way to achieve the goal.
4. Ask students to draw the shape they feel most closely represents their goal and method of achievement.
5. Then, underneath the shape, have students write a brief paragraph explaining why they chose the shape and what it represents to them.
6. When students have finished, ask them to break into small groups and allow a few minutes to share.
7. Call on one volunteer from each group to share his or her exercise with the entire class.
8. Have students place these sheets in their yellow folders.

# Greatest Accomplishments

**Use:** With pages 88–89

**Format:** Pair

**Time:** 20–25 minutes

**Materials:** Index cards, pens, timer

1. Assign partners for the activity.
2. Explain that each student should individually think of his or her greatest accomplishment and write it on one side of the card. (Allow 2–3 minutes.)
3. Next, tell the pairs to decide which one of them is partner A and which one is partner B. Have partner B raise his or her hand.
4. Say, “Partner B will now tell partner A everything about his or her greatest accomplishment.” Allow 3 minutes. When the time is over, partners switch places. Partner A tells partner B about his or her greatest accomplishment. Allow 3 minutes.
5. Now, have the partners trade cards so that A has B’s card and B has A’s card. Allow 6 minutes for students to write everything they remember about their partner’s greatest accomplishment. Remind them to use as many skill words as they can to describe the accomplishment.
6. Explain that students will now have the ability to see one of their accomplishments through objective eyes such as those of an employer.